



Sue Fowler of Owensboro gives us an easy recipe for ...

Baked Teriyaki Chicken

Ingredients:

- 1 Tbsp cornstarch
- 1 Tbsp cold water
- ½ c. white sugar
- ½ c. soy sauce
- ¼ c. cider vinegar
- 1 clove garlic, minced
- ½ tsp ground ginger
- ¼ tsp ground black pepper
- 12 skinless chicken thighs



Directions:

In a small saucepan over low heat, combine the cornstarch, cold water, sugar, soy sauce, vinegar, garlic, ginger and ground black pepper. Let simmer, stirring frequently, until sauce thickens and bubbles.

Preheat oven to 425 degrees.

Place chicken pieces in a lightly greased 9 x 13 inch baking dish. Brush chicken with the sauce. Turn pieces over, and brush again.

Bake in the preheated oven for 30 minutes. Turn pieces over, and bake for another 30 minutes, until no longer pink and juices run clear. Brush with sauce every 10 minutes during cooking.

This recipe, which is one of Sue's favorites, comes from Allrecipes.com.

Prior to Kenergy's Annual Membership meeting to be held on June 7, 2011, individuals will be elected to represent Districts 4, 6, 8, and 9, as well as the cooperative's large industrial customers.

District 4 includes the area of Henderson County west of the Pennyriple Parkway and west of that portion of Highway 41 which runs to the north of the Pennyriple Parkway.

District 6 includes that area of Daviess County west of U.S. 431.

District 8 includes that area of Daviess County north and east of Kentucky 54.

District 9 includes all of Hancock County.

The Industrial Director must be a member of Kenergy or the employee of a member industry having a contract demand of at least 1,000 KW and must reside in a county all or a portion of which is located within Kenergy's service territory.

The co-op's bylaws specify that any member of Kenergy may nominate by written petition an individual for election to the board. The petition for a district nominee must be signed by at least 15 members residing within the given district. The petition for an Industrial Director nominee must be signed by any five or more individuals eligible to vote in the Industrial Director election.

The petition must be submitted to the cooperative by February 17, 2011. Thereafter, if the petition is valid, the name of the nominee will be posted.

Win a trip to Washington, DC

If you are a high-school junior and reside in a home served by Kenergy, you are eligible to win an all-expense-paid trip to Washington, D.C., during June 2011.

Every year, Kenergy Corp. chooses a few lucky high-school juniors to send to Frankfort during the spring for an overnight trip, and then, on to the nation's capitol for the Washington Youth Tour.



This year, up to six high-school juniors will win both trips.

The entire process has been made much simpler this year. To qualify, all students must do is send their names, addresses, phone numbers, Kenergy account numbers and names of their high schools to Jeanette Weedman at jweedman@kenergycorp.com. Jeanette must receive those e-mails by January 31, 2011.

Then, students need to write a 1,000-word essay on any subject about which they are passionate. It may be animal rights, the need for teen activities in their towns, drug abuse or the economy. Students should choose topics wisely because the topic will be part of the judging criteria.

The deadline for essays is February 15, 2011. They must be submitted to Jeanette Weedman at jweedman@kenergycorp.com via e-mail.

Winning essays will not exceed the 1,000-word limit.

A panel of judges will select winners by the end of March. Students should be prepared for a personal interview as part of the selection process.

Don't delay. E-mail Jeanette today to enter the contest!

mark YOUR calendar

- January 31** Deadline for Washington Youth Tour applicants to qualify.
- February 15** Deadline for Washington Youth Tour essays.
- March** Washington Youth Tour winners will be announced.
- June 7** Kenergy Annual Meeting in Henderson.

The FOCUS

January 2011



Your Touchstone Energy® Cooperative

Monthly Newsletter for Kenergy Members

Winter weather can cause outages

HENDERSON, Ky. – Severe winter weather can happen at any time, resulting in damage to electrical systems.

Wet, heavy snow or ice can break power lines. Never touch a downed power line or any object that comes into contact with one. Always assume fallen wires are energized and keep at least 10 feet away.

Remember to pay close attention to children and pets who are outside after a storm or severe weather event. Children and pets may not know about the danger a downed line poses.

Our crews are prepared to meet the challenges of the winter season, but we want to be sure our members are too. More than a year ago, Kenergy started a program titled "The First 72 Is on You." We urge you to put together an emergency kit and be prepared to spend at least 72 hours without essential services, such as water and electricity.

You should keep on hand bottled water and nonperishable foods, including a hand-cranked can opener. Keep on hand extra cash, batteries and a battery-operated radio. Don't burn candles for light. They can cause fires. Instead, put a flashlight in your emergency kit.

If you take medication, don't let your stock run low during winter months. If you rely on medical devices run by electricity, you may want to invest in a generator or have

a plan to move to another residence or shelter where electricity is available.

If you buy a generator, make sure it is the proper size for your home and follow the manufacturer's instructions for its use.

Remember that cordless phones don't work during outages. Maintain a charge on your cell phone battery. Cell phones offer many features, including alarm clocks and Internet access.

If you don't have a cell phone, consider keeping a corded phone available.

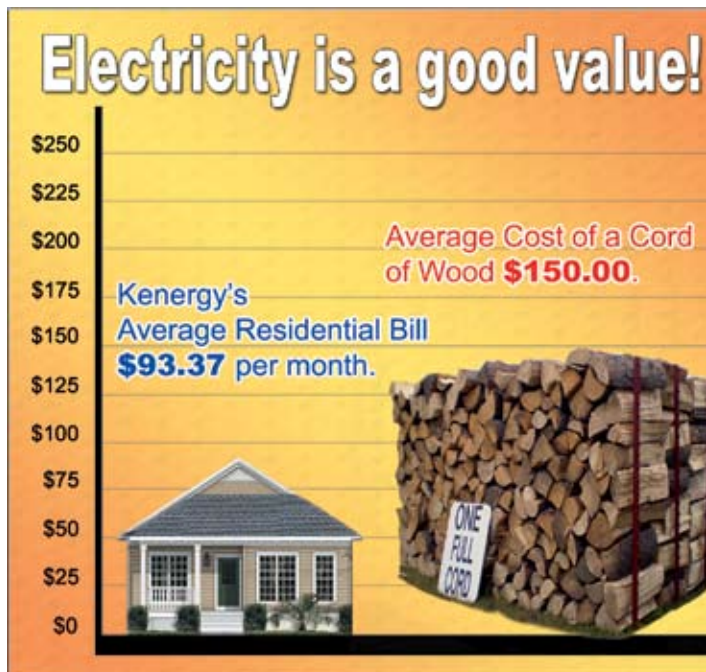
Know how to disconnect your garage door from the opener so you can get your car in and out of the garage during an outage.

If power goes out:

- Turn off major appliances and unplug sensitive electronic equipment to prevent a possible overload when power is restored.
- Leave on one light so you can tell when power returns.
- Don't open your refrigerator or freezer unless you must. Your food will stay colder longer.
- Make sure rooms are properly ventilated if you use portable stoves or lanterns.

For more information about preparedness, go to www.kenergycorp.com.

(Read more about safety on page 3 "Portable Electric Generators")



LIVING DOWN UNDER

A look at Loyd Bartlett's earth-bermed home.
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LIVING DOWN UNDER



In 2007, Loyd Bartlett of Panther, Ky., moved into his earth-bermed home. In his all-electric home, his Kenergy Corp. bill averages about \$40 a month.

PANTHER, Ky. – Loyd Bartlett lives a simple life. After working 22 years for Southwire in Hancock County, Bartlett retired in April. Now, he spends his days making fence posts out of cedar trees, chopping firewood on his 10-acre hobby farm, and tending a few cows and chickens.

Bartlett believes in environmental stewardship. Nothing goes to waste, not even corncobs. He soaks them in kerosene and uses them to light his wood-burning fireplace.

In summer, he waters plants with waste water from the dehumidifier. He uses only energy-efficient light bulbs.

However, those activities are a mere nod to a “green” lifestyle.

In 2007, Bartlett took a huge step toward reducing his carbon footprint. He built an earth-bermed home. Only the north end of the house and the roof are exposed.

One small wood-burning stove in a corner of the living room heats his 1,200-square-foot house in winter. Before Bartlett learned how to regulate the stove’s temperature properly, his indoor thermostat sometimes hit 83 degrees.

The home’s 10-inch poured concrete walls are buried under-

ground and insulated. An energy-efficient metal roof tops off the structure.

The utility bill for his all-electric home averages \$40 a month. By comparison, his former mobile home cost him an average of \$200 a month. The manufactured home’s high-and-rising bill prompted Bartlett to consider going underground.

But, in the end, it was more than saving \$160 a month that made the earth-home lifestyle attractive. “I like to be part of making things better,” Bartlett says. “I want to do everything I can to make America a better place to live in the future. And what would it be like if we do not choose to reuse and recycle what we have?”

In 2009, Southwire honored Bartlett as its Environmental Hero of the year. Besides conserving at home, he encouraged it at work.

Bartlett loves the snug effect of his home. He never knows if the wind is howling on cold winter nights.

And in summer, he’s tucked away from the sun’s intensity.

His only regret with the two-bedroom house: Bartlett wishes now the roof was underground as well. But other than that, he wouldn’t change a thing.



Kenergy member Loyd Bartlett designed his home by himself, along with a little help from his contractor David Clark Homebuilders of Owensboro.

Trouble paying your winter electric bill?

At each of its offices, Kenergy has a designated employee to answer questions regarding member bills. This employee is authorized to negotiate partial payments as well.

If you struggle to pay your electric bill, here are some community action agencies that offer assistance:

County	Address	Phone			
Breckinridge	108 S. Third Street P O Box 877, Hardinsburg, KY 40143	756-6813	Lyon	Courthouse P O Box 567 Eddyville, KY 42038	388-7812
Caldwell	Courthouse Room 24 Princeton, KY 42445	365-5097	McLean	170 E. Second Street P O Box 302 Calhoun, KY 42327	273-3355
Crittenden	Courthouse 107 Main Street, Suite 102 P O Box 252 Marion, KY 42064	965-4763	Muhlenberg	518 Hopkinsville Street P O Box 422 Greenville, KY 42345	338-5080
Daviess	1800 W. 4th Street Owensboro, KY 42303	686-1662	Ohio	Ohio Community Center 130 E. Washington/Suite 101 Hartford, KY 42347	298-4481
Hancock	225 Main Cross Street Hawesville, KY 42348	927-6500	Union	227 Richards Lane P O Box 38 Morganfield, KY 42437	389-3742
Henderson	324 First Street Henderson, KY 42420	826-6071	Webster	64 N. College Street P O Box 252 Dixon, KY 42409	639-5635
Hopkins	130 Branch Street P O Box 427 Madisonville, KY 42431	821-8114			

2011 Vegetation management maintenance



This year will prove to be another significant step forward in Kenergy’s vegetation management efforts. By year’s end, another 1,100 plus miles of primary line will be cleared, helping to meet the objectives of improved reliability (keeping the lights on) and safety.

The 2011 vegetation management crews will work in the following areas:

Daviess County

- East of Thruston to Knottsville and south to Hwy 54.
- North of Yelvington to Toler Bridge Road and east to Campground Road.
- North of West Fifth Street Road to Ben Hawes Park area.
- South from Masonville to Hwy 142 then north to Habit and west to Sutherlin Lane.
- South from Old Lydanne Bridge Road to Mosleyville and west to Wayne Bridge Road.
- West of Sorgho to Curdsville. South to Possom Trot Road and east to West Louisville.
- East of Hwy 60 By-pass along Hwy 54 to Hwy 142 and south to Hwy 231.

Henderson County

- East from Tilman-Bethel Road to Reed and north to the Ohio River and south to the Audubon Parkway.
- East from Smith Denton Road to Hwy 1078 and north to the Audubon Parkway.
- South of Crestline on Hwy 41 to North Smith Staples Road and east along Adams Lane.

Ohio County

- South of Pleasant Ridge along Hwy 231 to Belltown Road.

McLean County

- West of Beech Grove along Hwy 56 to the Green River.

- North along Hwy 136 to the Green River.

Union County

- North from Blackford Church Road to Sullivan. North on Hwy 141 to Pride then east to Free Union.
- West from Sullivan on Hwy 1224.

Crittenden County

- South from Blackford Church Road to Marion.
- West on Hwy 365 and east along Nunn Switch Road to Cool Springs Road.

Webster County

- North from Sullivan to Providence.
- South to Hwy 1592 and north on Hwy 120 to Hwy 630.

Kenergy has contracted with Townsend Tree Service to do this work. Townsend uses a work planner that goes ahead of crews making contact with customers to discuss maintenance needs on their property. This may include trimming or removing trees.

Kenergy stresses the importance of removing trees in the right-of-way. This eliminates the opportunity for that tree to cause a power outage, particularly in storm conditions. Additionally, by removing a tree instead of trimming, costs are controlled because we will not need to return regularly to trim the tree again.

Trees outside the right-of-way that are dead, uprooting or leaning toward the power line, called hazardous trees, may need to be removed in order to eliminate potential outages. Following the winds from Hurricane Ike and the January 2009 ice storm, the Kentucky Public Service Commission issued a report in which they emphasized the removal of these hazardous trees.

The work planner will first attempt to make contact with a visit to your home, followed by a telephone call. Door hangers will be left indicating the work to be done and information about how to make contact with the contractor. It is important to respond promptly so that work can continue efficiently.



Portable Electric Generators

During long-term power outages, many rely on portable generators for emergency power. The growing popularity of portable electric generators has resulted in millions being placed in homes and small businesses across the nation. But it’s estimated only a small percentage are hooked up correctly.

If installed and operated correctly, use of standby or portable electric generators poses little danger, but improper installation or use could be dangerous to you and threaten the lives of your family, friends, neighbors and electric utility crews trying to restore service.

“Consult and discuss your purchase options with a reliable vendor, your electric supplier and contractors,” advises Jay Solomon, University of Illinois Extension Engineering Educator. “A qualified vendor or electric professional will know existing safety codes and the utility’s safety requirements, and can help you select the best equipment for your needs and situation.”

Properly connecting the generator into the system is a critical step for safe and effective use. A licensed professional should install a permanent, standby electric generator and can help with proper equipment for safely using a portable generator. Have a qualified electrician install a transfer switch. The transfer switch breaks the path of electricity between the power lines and your main electrical panel. This is the best way to protect you, your neighbors and repair crews from ‘back feed.’ Back feed occurs when an improperly connected generator begins feeding electricity “back” through the power lines. This can seriously injure anyone near lines, especially crews working to restore power.

“Safety for the operators and users of a generating system in the home and utility crews cannot be over-emphasized,” says Solomon. “A qualified electrician should be consulted to ensure proper installation and electrical grounding requirements, circuit overload protections and local codes are met.”