# Member owned. Service driven.

AUGUST 2020

**INSIDE:** 

Scholars Winners Quinoa Cranberry Chicken Salad Recipe



MemberMatters

www.kenergycorp.com

### DO NOT TAMPER WITH YOUR ELECTRIC METER

Meter tampering can result in electric shock, is illegal and increases electricity rates for other co-op members.



All Kenergy offices will be closed Monday, September 7th for Labor Day

# BE SURE TO CLEAN THIS OFTEN OVERLOOKED HOUSEHOLD ITEM

f we've learned one thing from the pandemic, it's how important it is to keep surfaces clean.

At this time of year, one of the mosttouched surfaces in your home just might be the air conditioner thermostat. Killing germs on the thermostat's surface is only one reason to regularly clean it, however. Often, a malfunctioning thermostat is simply dirty.



Dirt can affect the way the thermostat calibrates, which means it must use more energy than normal to maintain a comfortable temperature in your home. In other words, a clean thermostat is a more energy-efficient thermostat.

Cleaning your thermostat when the seasons change from warm to cool and then again when they change back can extend the life of the device as well. Here's how to clean your thermostat:

- Remove the cover. Depending on the model you have in your home, you might have to remove screws, but most covers simply snap off.
- Using a clean, soft paintbrush and a gentle touch, dust the inner workings of the thermostat. For grime or debris at points where the electronic components touch, slide an open dollar bill like dental floss between them to loosen and remove it. An alternative tool is compressed air.
- Inspect the device for loose or corroded wires. If you find them, call an electrician to repair; this is not a do-it-yourself job.
- Replace the batteries.
- Dust the cover and then put it back on.

Note that smart thermostats <u>do not need</u> interior cleaning.

# LEARNING STARTS NOW Educate children on bus safety before they leave for school.

Keep these situations in mind when talking to your children about school bus and bus stop safety.

- Don't play near or around power lines or poles while waiting for the bus.
- Stay away from pad-mount transformers (those big green boxes) or other electrical equipment.
- Plan with your children the different scenarios they could find themselves in.

In an emergency, your child may need to jump out of the vehicle, with both feet together, avoiding contact with the bus and the ground at the same time. Then, he or she should shuffle away with small steps, being sure to keep both feet together and on the ground at all times until at least 40 feet away. This will reduce the risk for electrical shock or electrocution. Take the opportunity to practice this with your child, even if it's just from your own vehicle.

Having continuous, proactive conversations with your kids is a great way to help them remember safety when the time comes.



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# SCHOLARSHIP WINNERS

A random computerized drawing of 254 applicants was held July 6<sup>th</sup> for three (3) \$1,000 scholarships and twenty-four (24) \$500 scholarships. Scholarships can be used for tuition, fees, campus housing, textbooks, computers, school supplies, and other costs directly related to the recipient's education. Congratulations to our winners!

\$1,000 Winners Brooklyn Brown Joshua Baldwin Rylei Roy

#### \$500 Winners

**Allison Krampe Bethany Beals Cassady Coomes Chassity Roberts Collin Wilson Corey Benson Hailey Ballard Holly Payne Jacey Fulkerson** John Michael Zoglmann **Kaley Crabtree Kayla Austin Maci Simmons** Madilyn Choate **Madison Edge Mallory Robertson** Marlena Hadden **Peggy Sutton Preston Hazelwood Rachel Domsic** Sarah Yeckering **Tyler Walz** Wes James Will James



## **QUINOA CRANBERRY CHICKEN SALAD**

With schools starting back (whether in-person or remotely), we know our members that are parents need some creative ideas for healthy lunches. Try out this fun spin on chicken salad!

#### INGREDIENTS

1/2 cup quinoa, rinsed and cooked (1/2 cup dry quinoa makes 1 cup cooked)

8 ounces cooked chicken breast (rotisserie chicken will save time!)

1 large leek, cleaned and thinly sliced (white part only)

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**1 cup** Mandarin orange segments (if using canned oranges, drain the syrup)

1/, **cup** dried cranberries

salt and pepper, to taste

#### For the Asian Dressing

3 tbsp extra virgin olive oil

- 1<sup>1</sup>/<sub>2</sub> tsp rice vinegar
- 1/<sub>4</sub> cup orange juice, freshly squeez
- **3**/<sub>4</sub> **tsp** low-sodium soy sauce
- **1 tsp** sugar, or raw honey
- 1/, tsp ground ginger
- 1/, tsp minced garlic



#### DIRECTIONS

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Splashin' SAFARI.

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- 1. Prepare quinoa according to package directions. Cooking time is approximately 12 minutes.
- 2. Cut cooked chicken brea shred them with a fork.
- 3. In a large salad bowl, cor leek, oranges and dried season to taste with salt

Holiday World Opens June 17

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Splashin' Safari Opens July 4

#### KENERGY Employees & Members Fun Club Pricing Beginning July 4th Save Additional \$3 Off Lowest Adult Ticket Save \$1 Off Lowest Senior/Under 54" Ticket Until then tickets are \$29.99 for anyone

Holiday World.com / Fun Club Discount Tickets UserName: Holiday700 Password: World700 Codes are case sensitive





It cost Kenergy's average residential member \$5.09 per day for electricity. That's less than the price of a Big Mac<sup>®</sup> meal at McDonald's!

## **Featured Businesses Offering Discounts**

To redeem discounts, present your Co-op Connections card, Co-op Connections smart phone app or print coupon from www.connections.coop

#### **Bangie's Café**

FREE Drink with Meal Purchase 2036 Madison Street, Henderson

#### **Huddle House**

15% Off Purchase Cannot be used with other discounts. 3248 Mount Moriah Avenue, Owensboro

#### **New China Buffet**

10% Off Monday thru Thursday 4768 Frederica Street, Owensboro

#### **Ole South BAR-B-Q**

Buy One Buffet, Get 2nd 1/2 Off Breakfast-Lunch-Dinner; Monday thru Thursday 3523 Hwy. 54 E., Owensboro Preservation Station Family Restaurant 10% Off Total Purchase 9661 Ky. 56, Owensboro

Sidewalk Café 10% Off Total Purchase 228 Second Street, Henderson

The Café at The Dam FREE Appetizer 107 N Main Street, Beaver Dam

If you are a business wanting to participate in the Co-op Connections program, please contact Jeanette Weedman at (270) 689-6157 or jweedman@kenergycorp.com





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